

Rituals



A fusion between Orient and Occident in these beauty treatments for body and spirit, in which you can leave yourself and find the right answer.

Wellness rituals are always carried in one day.

It is recommended to complete the sessions with the wellness path in our spa, to be booked in advance.

External customers, who book a ritual, are entitled to a special discount for the admission at the spa, to be requested at the time of booking the package.

Body of Orient Ayurvedic Ritual

€ 115 100-session length 1h, 25' ca.

BENEFITS:

Slimming and anticellulite, draining, firming or calming.

IDEAL:

For those who have little time and wants to get a moment for themselves and to feel better with their body.

It is divided in 4 types:

Slimming & Anticellulite

- ❖ Foot bath with aroma test and foot reflexology
- ❖ Udwartana (oil and herbs grain massage)
- ❖ Pitta or Kapha mud + Swedana (steam bath)
- ❖ Specific ayurvedic herbal tea

Draining (Detox)

- ❖ Foot bath with aroma test and foot reflexology
- ❖ Pitta mud + Swedana (steam bath)
- ❖ Lymphatic drainage
- ❖ Specific ayurvedic herbal tea

Firming

- ❖ Foot bath with aroma test and foot reflexology
- ❖ Maori massage
- ❖ Swedana (steam bath)
- ❖ Specific ayurvedic herbal tea

Calming

- ❖ Foot bath with aroma test and foot reflexology
- ❖ Hot Stone massage with Tibetan bell at the end
- ❖ Vata mud + Swedana (steam bath)
- ❖ Specific ayurvedic herbal tea

It is recommended to continue the application at home with ayurvedic oil, synergy and specific herbal tea.

India

Ritual

€ 135 130 · session length 1h, 25'
Package of 3 INDIAS: € 405 350

BENEFITS:

Relaxing and balancing.

IDEAL:

From the region Kerala (india) is the most relaxing and complete treatment for those who needs to find peace and energetic balance.

- ❖ Aroma test and footbath
- ❖ Ayurvedic massage with swedana (steam bath) 55'
- ❖ Shirodhara (head oleation) 25'
- ❖ Specific ayurvedic herbal tea



Perfect Body

Ritual

€ 115 109 · session length 1h, 15'

BENEFITS:

Remodeling or slimming or anti-cellulite or draining.

IDEAL:

Ritual dedicated to the legs, gluteus and abdomen, for those who need an impact action against imperfections, through a targeted treatment and the use of specific products, which are effective from the first applications.

- ❖ Draining scrub with synergy of salts 25'
- ❖ Application of specific serum and disposable bandages with draining or anti-cellulite action 20'
- ❖ Massage with a specific product that differs according to the problem and the imperfection to be treated. Its action can be remodeling, slimming, anti-cellulite or draining 25'
- ❖ Specific herbal tea



It is recommended to continue the application at home with specific remodeling, slimming or anti-cellulite cream or with draining oil for daily use.

Health & Beauty Ritual

€ ~~180~~ 169 · session length 2h, 50'

BENEFITS:

Find the balance among physical, mental and beauty.

IDEAL:

For everybody.

- ❖ Facial cleansing 60'
- ❖ Detoxifying honey body treatment 60'
- ❖ Luxury pedicure 50'
- ❖ Specific herbal tea



Vital Body Ritual

€ ~~115~~ 109 · session length 1h, 15'

BENEFITS:

Relaxing, calming, anti-fatigue, anti-contratures.

IDEAL:

For those who need to relax and stretch the back and body muscles. Suitable for athletes.

- ❖ Sport Massage 25'
- ❖ Back-cervical treatment (back massage + mud with herbs and spices + Swedana) 50'
- ❖ Specific herbal tea



Day-Spa Hen Party

Ritual

€ ~~191~~ 165 • session length 2h (max 4 persons)

Each additional person: € 20

(total maximum capacity 8/10 persons)

BENEFITS:

A beautiful gift of well-being for the future bride and to be shared with the dearest friends.

IDEAL:

For the future bride and her best friends.

- ❖ Wellness path in Private Spa with Spa Kit included (bathrobe, towel, flip-flops)
- ❖ Herbal tea
- ❖ Relaxing massage for the future bride 25'
- ❖ Bottle of Spumante "Classic Method"
- ❖ Cake for "Hen Party" or "fresh fruit carpaccio"



dHARA
wellness

Belfiore ^{★★★★}
SUPERIOR
Park Hotel